



2026

4TH INTERNATIONAL CONFERENCE ON POSITIVE PSYCHOLOGY

by

National Positive Psychology Association

THEME:

**GLOBAL TRENDS AND INTERDISCIPLINARY
PERSPECTIVES IN POSITIVE PSYCHOLOGY**

10- 11 APRIL, 2026

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ONLINE

Welcome to the 4th International Conference on Positive Psychology, hosted by the National Positive Psychology Association (NPPA).

NPPA is committed to advancing the science and practice of positive psychology in India. Through research, education, and community engagement, the association fosters the development and application of strengths-based approaches to promote individual and collective well-being.

We are thrilled to have you join us from across the globe for this special online gathering dedicated to advancing the science of well-being, human strengths, and flourishing.

This year's theme, **“Global Trends and Interdisciplinary Perspectives in Positive Psychology,”** invites us to explore how the field continues to evolve across cultures, disciplines, and real-world contexts. From cutting-edge research to innovative applications, this conference is a celebration of how positive psychology is being reimagined and enriched through diverse voices and cross-sector collaboration.

Over the course of two days- **April 10th & 11th, 2026**, you will have the opportunity to engage with leading global experts through keynote addresses and discover emerging research through paper presentations and symposiums.

We warmly welcome you to this global online event.

Together, let's learn, reflect and flourish.

With regards,
Organizing Committee, NPPA

TIMELINES



EMINENT SPEAKERS



PROF. TAYYAB RASHID

President-elect, International Positive Psychology Association (IPPA)

Associate Faculty, Human Flourishing Program, Harvard Faculty, Values in Action Institute on Character



PROF. RICHARD LAYARD

Co-Director, Wellbeing Program, Centre for Economics Performance, London School of Economics, UK



PROF. JOHN HELLIWELL

Professor Emeritus, University of British Columbia, Canada



PROF. MARTIJN BURGER

Academic Director, The Erasmus Happiness Economics Research Organisation, Erasmus University Rotterdam, Netherlands



ANDREW SOREN

Founder and CEO of Eudaimonic by Design



PROF. STEWART I. DONALDSON, Ph.D.

Distinguished University Professor
President, Claremont Flourishing Center
Claremont Graduate University, USA

More to follow.....

THEME: GLOBAL TRENDS AND INTERDISCIPLINARY PERSPECTIVES IN POSITIVE PSYCHOLOGY

SUB THEMES:

- Nature, Sustainability & Global Wellbeing
- Positive Psychology in Indigenous knowledge systems
- Holistic health and Positive Psychology
- Positive Psychology & Creative Expression
- Positive Psychology, Philosophy & Ethics
- Methodological Innovations in Positive Psychology
- Positive Psychology as a Tool for Social Change
- Technology & Innovation in Positive Psychology
- Strengths-based Approaches to Education
- Positive Youth Development
- Work, Organizations and Leadership
- Community Wellbeing and Sense of Belonging
- Wellness and Wellbeing in Old Age
- Positive Coaching
- Spiritual Growth and Mental Health
- Applied Positive Psychology
- Emerging Trends in Positive Psychology
- Integrating diverse fields for Human Flourishing
- Systemic approaches to Societal Wellbeing

SUBMISSION GUIDELINES

- Oral Presentations are invited for the conference.
- Abstracts should not exceed 300 words.
- All submissions must be original and should not have been previously accepted for publication in any journal or presented in any other conference.
- The abstract should be in English and structured as per the following headings: background, method, results/findings, and conclusion.
- The abstract must include details of all authors, particularly their name, designation, affiliation, email address, and phone number. For co-authored work, please indicate the presenter's name.
- Group symposium presentations are also welcome. These should be 1 hour in duration with 4-5 presenters coordinated by one symposium chair. The symposium abstract should not exceed 1000 words and should include a brief introduction followed by individual abstracts. All abstracts must include the title, authors' names, and affiliations, and should be submitted as a single document by the symposium chair.
- Upon acceptance of your paper/symposium, the presenters are required to complete the registration process by paying the associated fee in order to present their research at the conference.

SUBMISSION GUIDELINES

- Please complete the registration within the stipulated date and time.
- For each paper/symposium presentation only the registered presenter will receive an electronic certificate having the following information: Title of the paper, presenter's name and all author's name.
- For abstract submission, [please click here.](#)
- For symposium submission, [please click here.](#)

**PLEASE NOTE THAT ABSTRACTS SUBMITTED AFTER
THE DUE DATE WILL NOT BE ACCEPTED**

**PLEASE NOTE THAT THE DECISION OF THE SCIENTIFIC
COMMITTEE WILL BE FINAL**

REGISTRATION FEE IS NON REFUNDABLE

CONFERENCE REGISTRATION FEE

India (Rates in INR)				
	Member rate		Non Member rate	
	Early bird	Regular	Early bird	Regular
Student	1200	1500	1500	1800
Others	2000	2500	2500	3000

International (Rates in USD)				
	Member rate		Non Member rate	
	Early bird	Regular	Early bird	Regular
Student	50	70	70	90
Others	70	100	90	120

[CLICK HERE TO REGISTER](#)

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& Dean Academics-Apeejay Stya University, Gurugram

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